

INTERNATIONAL PROGRAMS PACKING LIST



Use this list as a guideline as you pack for your program abroad. The items that are marked with an asterisk (*) should be packed in your carry-on bag. Read your Site Specific Packet, monitor the weather, and research your program's location for additional packing tips.

GENERAL CLOTHES

- | | |
|---|---|
| <input type="checkbox"/> Underwear | <input type="checkbox"/> Jeans |
| <input type="checkbox"/> Undershirts/Bras | <input type="checkbox"/> Shorts/capris |
| <input type="checkbox"/> Socks | <input type="checkbox"/> Sweater/Sweatshirt |
| <input type="checkbox"/> Sleepwear | <input type="checkbox"/> Exercise Wear |
| <input type="checkbox"/> Dress shirt | <input type="checkbox"/> Athletic Shoes |
| <input type="checkbox"/> Casual tops | <input type="checkbox"/> Dress Shoes |
| <input type="checkbox"/> Dresses/Skirts | <input type="checkbox"/> Belt |
| <input type="checkbox"/> Pants | |

PRO TIP

Wear your International Programs garnet t-shirt as you travel to your study abroad destination to help our staff identify you at the airport, if there is a pick-up provided.

SEASONAL CLOTHES

- | | |
|--------------------------------------|--|
| <input type="checkbox"/> Jacket/Coat | <input type="checkbox"/> Scarves |
| <input type="checkbox"/> Boots | <input type="checkbox"/> Fall/Winter Hat |
| <input type="checkbox"/> Raingear | <input type="checkbox"/> Sandals |
| <input type="checkbox"/> Gloves | <input type="checkbox"/> Swimsuit |

TOILETRIES

Bring enough travel size toiletries to last a few days. You will be able to purchase more upon arrival.

- | | |
|--|--|
| <input type="checkbox"/> Toothbrush | <input type="checkbox"/> Moisturizer |
| <input type="checkbox"/> Toothpaste | <input type="checkbox"/> Body Lotion |
| <input type="checkbox"/> Hairbrush/Comb | <input type="checkbox"/> Sunscreen |
| <input type="checkbox"/> Hair Ties/Clip | <input type="checkbox"/> Makeup |
| <input type="checkbox"/> Deodorant | <input type="checkbox"/> Contact Lens Care |
| <input type="checkbox"/> Razor | <input type="checkbox"/> Feminine Hygiene products |
| <input type="checkbox"/> Body Soap | <input type="checkbox"/> Tweezers |
| <input type="checkbox"/> Shampoo/Conditioner | <input type="checkbox"/> Contacts/Glasses* |
| <input type="checkbox"/> Cleanser | |

PRO TIP

Pack a spare outfit and any toiletries you may need in your carry-on just in case your checked luggage is misplaced in transit.

ELECTRONICS

- | | |
|--|--|
| <input type="checkbox"/> Cell Phone* | <input type="checkbox"/> Headphones* |
| <input type="checkbox"/> Camera* | <input type="checkbox"/> Universal Adapter |
| <input type="checkbox"/> Laptop/Tablet and chargers* | <input type="checkbox"/> Converter (if needed) |

PRO TIP

Other countries may have a stronger electrical current than the U.S. The electric current abroad may cause hair tools such as hair straighteners, curling irons, and hair dryers to burn out—so leave these items at home!

DOCUMENTS

Bring copies of these documents with you and leave spare copies with family members in the U.S.

- Passport*
- Driver's License*
- International Student Identify Card (ISIC)*
- Credit/Debit Cards*
- Site Specific Packet*
- List of Medications*

MISCELLANEOUS

- Medication to last the full duration of your program*
- Required textbooks and other school supplies
- Spare cash (USD and currency of your program location)*
- Small bag such as a backpack or duffle bag for independent travel
- Reusable Water Bottle
- Sunglasses
- Travel size umbrella
- Travel size first aid kit
- TSA Luggage Locks*
- Luggage Tags*

DO NOT BRING

- Hair Straightener/Curling Iron/Hair Dryer
- Expensive and/or Sentimental Belongings (such as jewelry, expensive watches, etc.)
- Drugs or Drug Paraphernalia
- Weapons
- Pepper Spray